

Forster & Mayo Private Hospital

Health Care is “people first, people always” and here at Forster and Mayo Private Hospitals, we take pride in our motto and strive to deliver the best in health care to the Barrington Coast communities.

After taking time to talk to patients and learn more about their needs for health care in our community, it was determined that most people still had a large concern that they would need to travel outside of their area for quality specialty care. The mindset is that all major surgeries and procedures need to be done in major cities. Thankfully, this is changing, and the quality of skilled doctors that are here and interested in coming to the area is increasing.

CEO Forster Private, Deanne Portelli said, “We have so many great doctors available to us within the Health Care hospitals locally and in the group. They are all very keen to visit regional areas, so they can treat patients closer to home, reducing the need to travel - it just makes sense to bring the specialists to Forster and Taree, which are areas of need.”

Some of the areas of specialty that are available locally are:

- Health Heart - Cardiology
- Cardiac Sonography (Cardiac Echo, Stress Tests, Stress Echo)
- Dermatology

- Ear Nose Throat (ENT)
- Endocrinology
- Forster Allied Health Network (FAHN)
- Gastroenterology
- General Surgery
- Geriatrics
- Gynaecology
- Mental Health
- Neurology
- Oncology - eight chairs
- Ophthalmology
- Oral Maxillo Faciliary Surgery
- Orthopaedics
- Otolaryngology Head and Neck Surgery
- Respiratory
- Sleep Dynamics - three beds
- Rehabilitation (Inpatient and Day Programs)
- Renal

“Our main goal is to continually progress with bringing specialists in a variety of services to Forster and Mayo Hospitals, so that all patients can be treated close to the comfort of their own home in a timely manner. Both of our local hospitals offer extensive end to end services, from surgery through to recovery with their rehabilitation programs,” says CEO Ben



Uprichard of Mayo Private.

As the population grows, so do the health needs in the area. More and more people are becoming increasingly conscious of their health and the importance of preventative health care, which is also reinforced in the media. It is important for our community to be mindful of what is available locally for preventative health care.

Specialists who come to Forster and Taree regularly say they are seeing patients from our region in their rooms in Newcastle or Port Macquarie. It's unnecessary time and travel. We need to change any mindsets out there that people can get better health care by travelling to Sydney and bigger metropolitan centres when we have high quality specialists in town. At times the requirement will be to go to a large tertiary hospital for complex work; however, the majority of surgery and medical treatment is being provided right here on the Barrington Coast.

Forster Private Hospital has a public health contract, so if you are a public or private patient

and need hospitalisation for a medical condition, please ask your GP to come directly to Forster Private Hospital. If your GP does not have admitting rights, there is a list of physicians on the hospital website that would accept the admission if appropriate.

Breast and skin cancer checks, prostate checks, colonoscopies, bowel screening etc. These are things we tend to put off for various reasons and all know we shouldn't. Your local GP is your best resource for maintaining your healthy lifestyle and referring you to a specialist locally.

So what is your next step to ensure you have the opportunity to take full advantage of the specialists provide by Forster Private and Mayo Private?

“It's really simple; stop putting off the important things such as bowel screening and ask your GP for a referral to the specialists consulting right here in town,” says Deanne Portelli.

Forster - forsterprivate.com.au
Mayo - mayoprivate.com.au

DELIVERING BETTER HEALTH CARE TO THE BARRINGTON COAST COMMUNITIES

Leading Gastroenterologists
specializing in multiple services:

- Bariatric & Endoscopy
- Hepatology
- Bowel Cancer Screening
- Colonoscopy

Dr Graeme Rich

Dr Senanayake Prematilake

Dr Douglas Samuel

Forster
Private Hospital

Call: 6555 1364 / Email: info@forsterprivate.com.au

Mayo
Private Hospital

Call: 6551 0722 / Email: referral.mayo@healthcare.com.au

healthcare™

